

A horizontal wooden ruler with a scale from 0 to 10 inches. The text "Unit 1, Lesson 1" is printed in the center of the ruler.

Unit 1, Lesson 1

Unit 1, Lesson 1

A a B b C c D d E e

F f G g H h I i J j

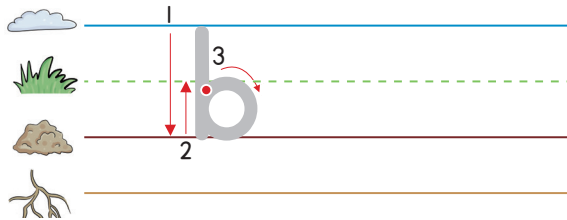
K k L l M m N n O o

P p Q q R r S s T t

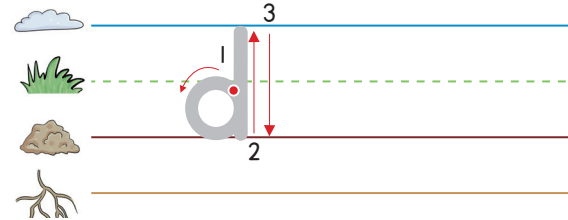
U u V v W w X x Y y Z z



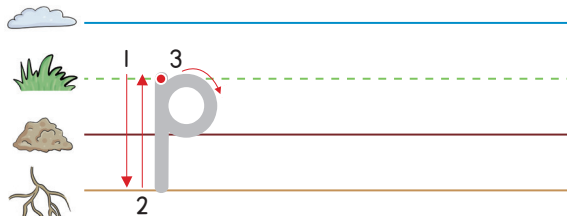
Follow the steps.
Trace each letter.



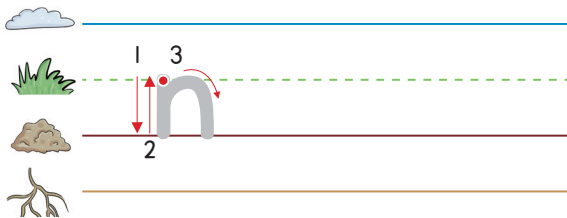
1. Start at the sky line, pull down to the dirt line.
2. Jump up to the grass line.
3. Circle forward back around in the grass.



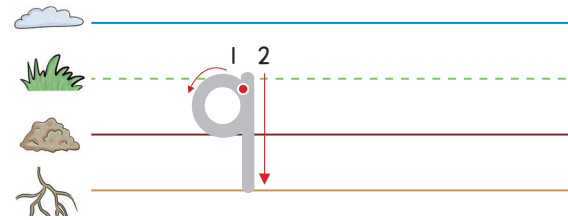
1. Start at the grass line.
2. Circle back around in the grass to create a letter "c" shape.
3. Pull up to the sky line and draw a straight line back down to the dirt line.



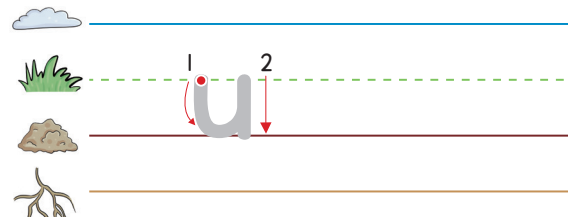
1. Start at the grass line, pull down to the root line.
2. Jump up to the grass line.
3. Circle forward around in the grass.



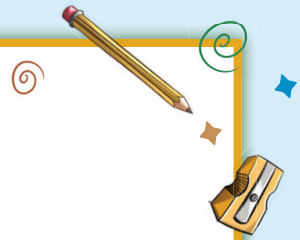
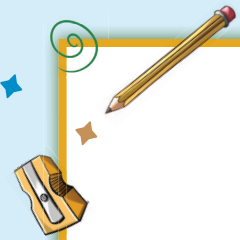
1. Start at the grass line, pull down to the dirt line.
2. Jump up to the grass line.
3. Curve forward back around in the grass to end at the dirt line.



1. Start at the grass line.
2. Circle back around in the grass to create a letter "c" shape.
3. Pull up to the grass line and draw a straight line back down to the root line.



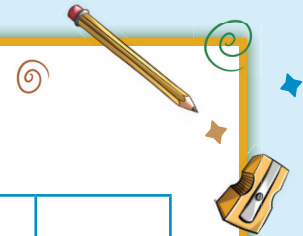
1. Start at the grass line.
2. Curve back around in the grass to create a "cup" shape.
3. Pull down to the dirt line.



Trace each letter. Then, copy that letter into the box below.

a	b	c	d	e	f	g	h	i	j	k	l	m

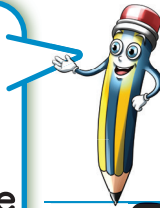
n	o	p	q	r	s	t	u	v	w	x	y	z



A	B	C	D	E	F	G	H	I	J	K	L	M

N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Now it's time for you to try writing the letters on your own. Some lines are missing the uppercase letter. Others are missing the lowercase letter. Fill in the missing letters.



D

h

A

e

i

b

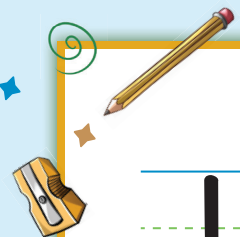
F

J

c

G

K



L

m

n

o

P

Q

R

S

t

u

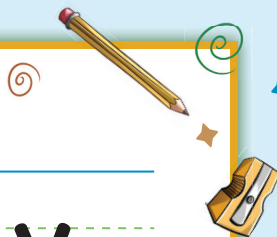
v

W

X

y

z





Unit 1, Lesson 2

Unit 1, Lesson 2



Write the letter that you landed on in the letter column.
Then, think of a word and write it in the next column.
In the next rows, write some of the letters that your
friends landed on and the words they thought of.

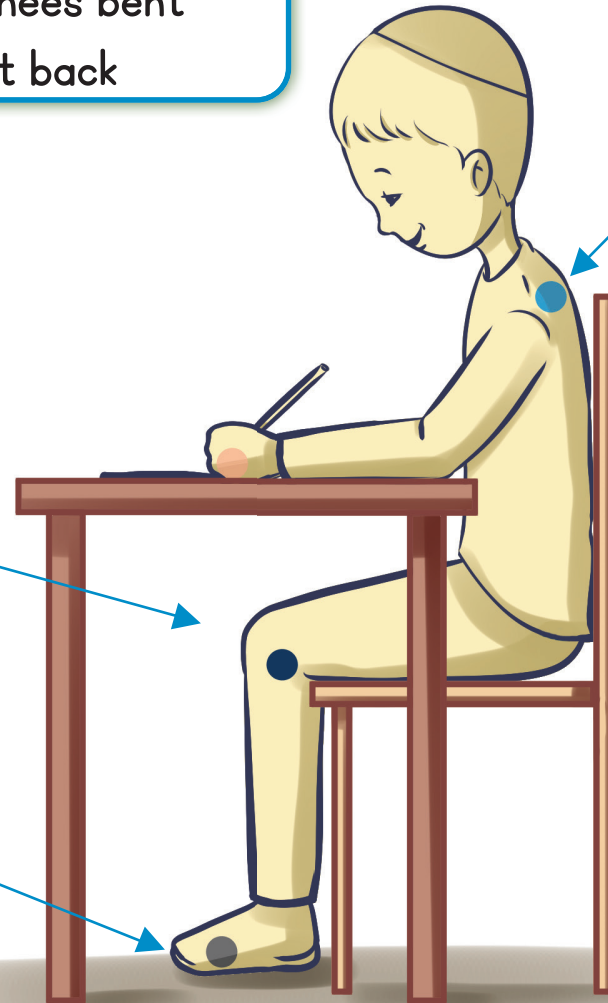
Letter

Word



There are four points to remember when you are sitting down and writing:

1. Straight back
2. Knees bent
3. Feet flat
4. Sit back



Straight back

The back should stay upright, but you should lean a little bit forward.

Knees bent

Knees should be bent to form a point/corner.

Feet flat

Both feet must be flat on the floor.

Sit back

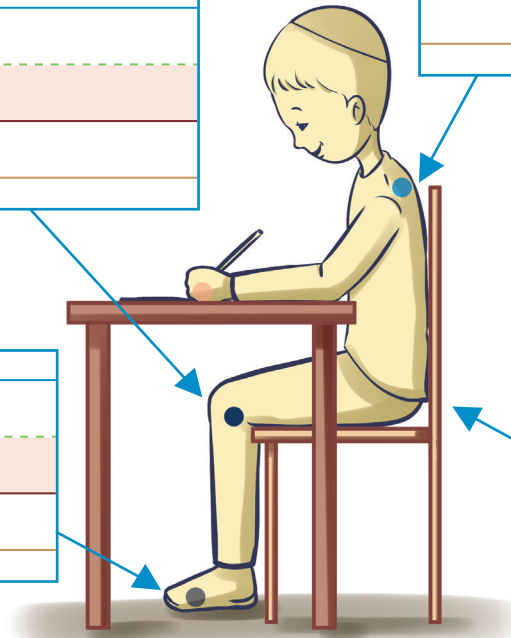
Sit towards the back of the chair.

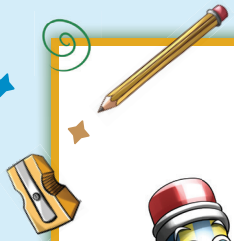
Remember to keep the correct posture (sitting position) while you are filling in the missing words.



Now, let's see how much you know!
Fill in the words to complete the picture.

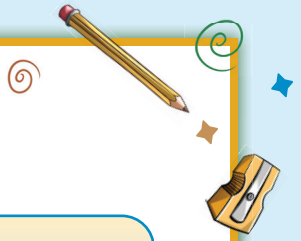
1. Straight back
2. Knees bent
3. Feet flat
4. Sit back





Complete the sentences below using the words in the box.

sit feet back flat



Keep your _____ straight.

Both _____ must be _____.

I can _____ correctly.



Unit 1, Lesson 3

Unit 1, Lesson 3

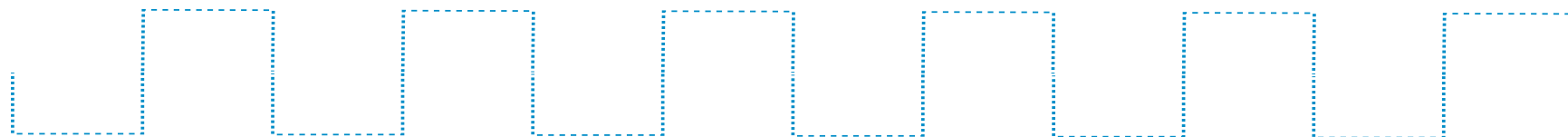


Try to place as many paper clips as you can around the edge of this page.

I know you can do it!

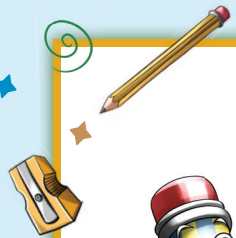


Trace these lines using the
correct pencil grip.



Trace these shapes using the correct pencil grip. When you are finished, you can color the pictures in, if you want to.

a	b	d	e
m	l	f	g
w	r	c	x



Complete the sentences
below by using the words in
the box.

can is small boy words black

I spell .

He a nice .

The cat is and .

A horizontal wooden ruler with a scale is positioned at the top of the page. The text "Unit 1, Lesson 4" is printed in the center of the ruler.

Unit 1, Lesson 4

Unit 1, Lesson 4

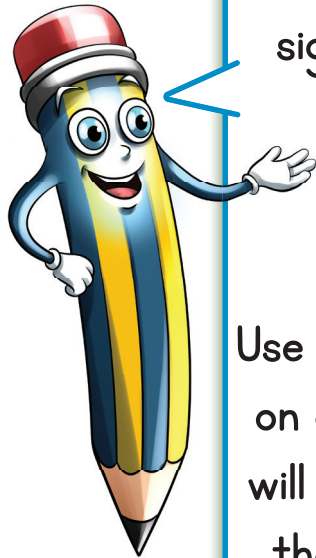


Place this page on top of sandpaper.
Then, complete the sentences below.
Be careful not to press too hard, or you will
make a hole in the page!

My name is _____.

I am _____ years old.

I like to _____.



Copy the list of sight words on this page onto your whiteboard using a marker.

Use the same pressure on all the words. This will make all your lines the same thickness.



☐ made

☐ the

☐ from

☐ there

☐ number

☐ come

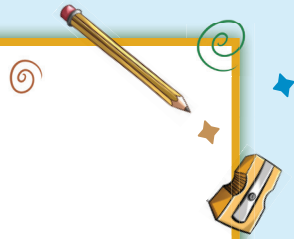
☐ people

☐ more



Fill in your answers to the questions below.

Then, erase each answer. Swap your book with a partner.
If your partner can still read your answer after you erased
it, you might be using too much pressure when writing.



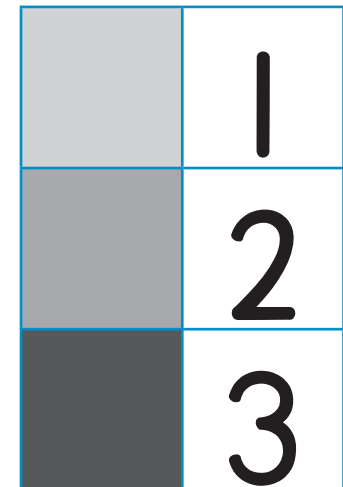
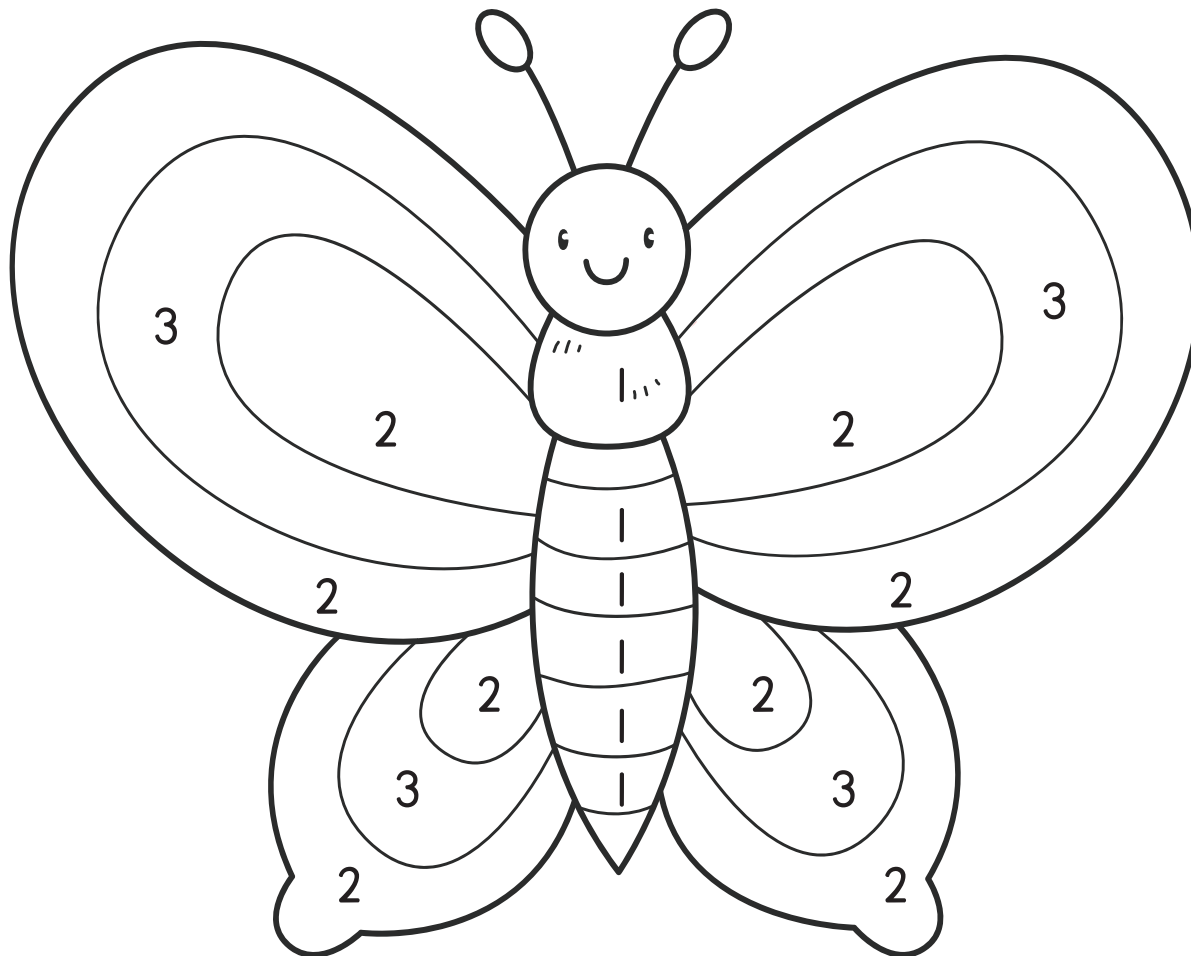
My favorite color: _____.

My favorite food: _____.

My favorite hobby: _____.



Color in the picture using only your pencil. Use a very small amount of pressure for 1, slightly more pressure for 2, and a lot of pressure for 3.



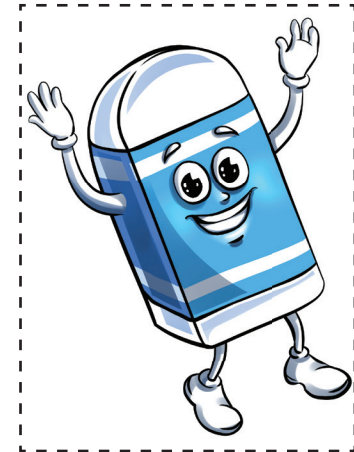
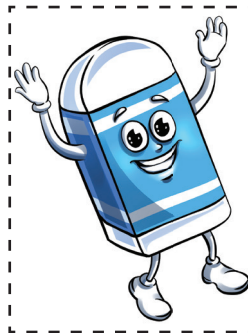
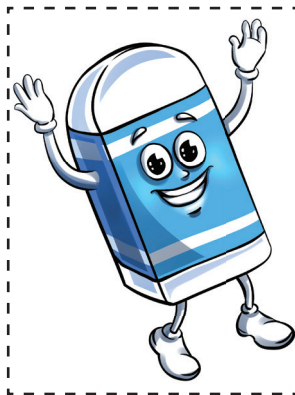
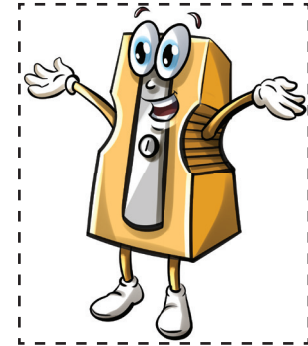
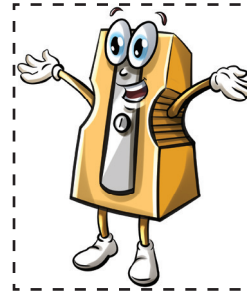
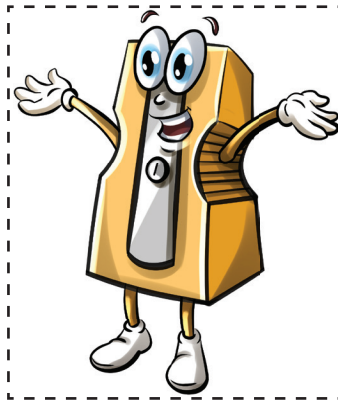
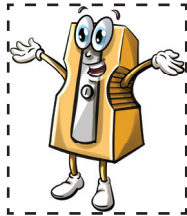


Unit 1, Lesson 5

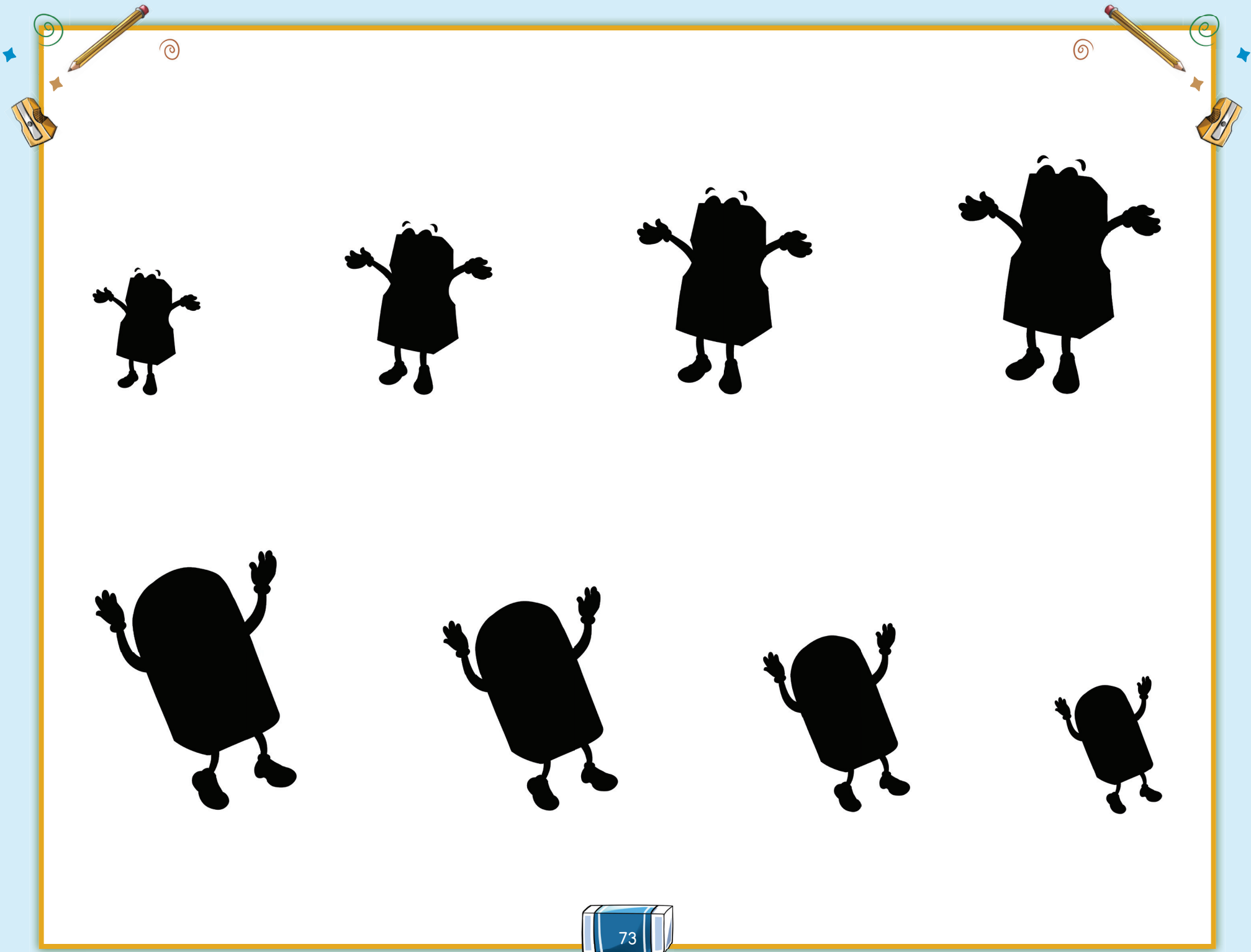
Unit 1, Lesson 5



Cut out the pictures on the dotted lines and paste them onto the matching picture on the next page.









Although they are not shown here, all capital letters are tall letters and touch the top line.

Tall letters



b d f h k l t

Small letters



a c e i m n o

Small letters



r s u v w x z

Fall letters



j g p q y



Fill in the missing words. Your letters should be just big enough to fit in the boxes. Pay attention to whether the letter is a tall, small, or fall letter.

The cat plays on the mat.

The on mat.

I can see the boy.

can the .

He likes to sing.

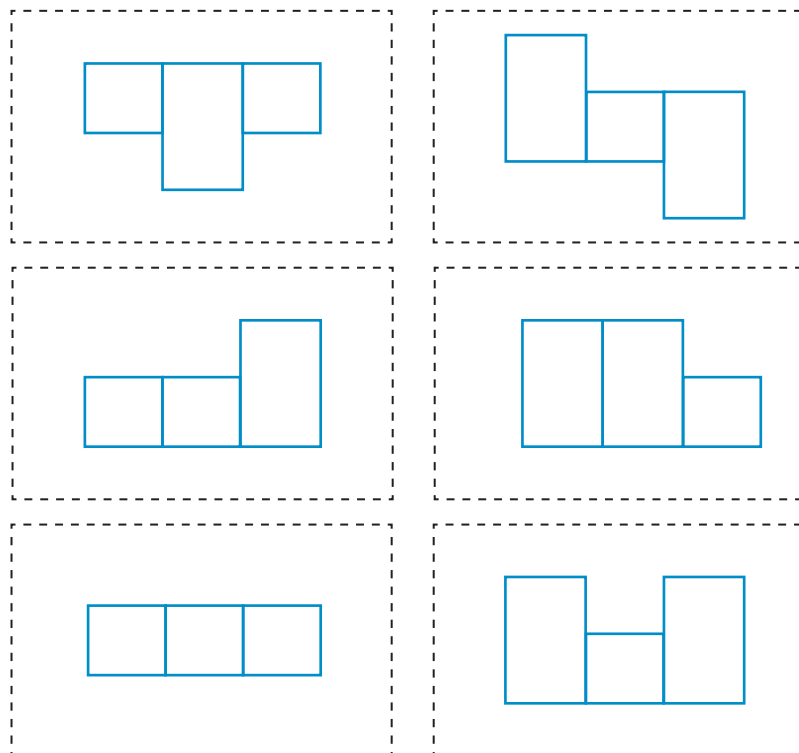
.



Cut out the blocks on the next page and match them to the words below.

mat	
the	
eye	

van	
bug	
Bob	







Unit 1, Lesson 6

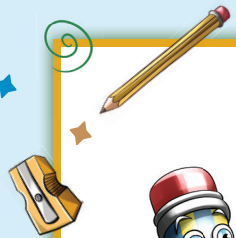
Unit 1, Lesson 6



Write the letters from Jenga on the lines provided below.

In English, we write from left to right. Therefore, start writing at the green line and end at the red line.

Three sets of handwriting practice lines. Each set consists of a solid blue top line, a dashed green middle line, and a solid red bottom line. A vertical green line is on the left and a vertical red line is on the right, defining the writing area.



Complete the sentences below by filling in the missing words from the box.

brown

blue

yellow



The sky is .

The sun is .

● The stick is .





Copy each sentence onto the line below. Start at the green line and end at the red line. Make sure to place your letters on the correct line.

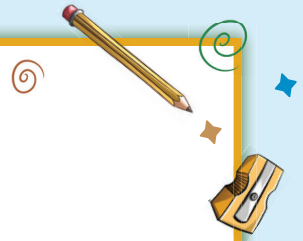
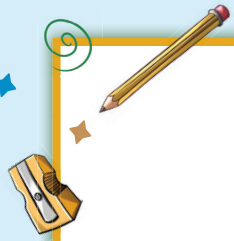
This is my cat.

That is a big dog.

Get on the bus.

I can see a bird.





Copy each word onto the line next to it. Make sure to place your letters on the correct line.

mat	
the	
eye	

van	
bug	
Bob	

A horizontal wooden ruler with a scale of small tick marks. The text "Unit 1, Lesson 7" is printed in the center.

Unit 1, Lesson 7

Unit 1, Lesson 7



Stick stickers in the spaces between the words in the paragraph below.

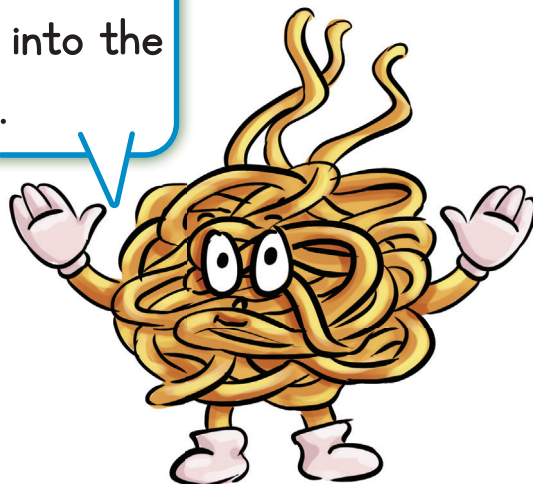
He likes to play a
fun game with his
mom and dad.



Meet Mr. Meatball and Senor Spaghetti. They love to hang out on your handwriting pages.

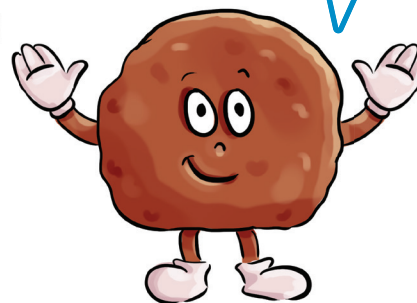
Hello!

My name is Sir Spaghetti. I love to hang out between letters in a word. I can fit my long, skinny body into the small spaces.



Hi there!

My name is Mr. Meatball. You can find me between words in a sentence. I can fit my big, round body into the large spaces.





Re-read the paragraph. Draw spaghetti as blue lines between letters and meatballs as orange circles between words.

He likes to play a

fun game with his

mom and dad.



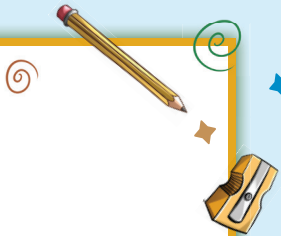
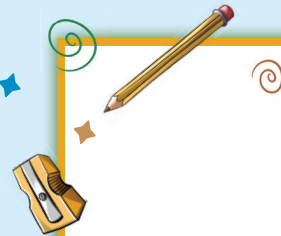
Write the sentences on
the correct lines.

This is my dog.

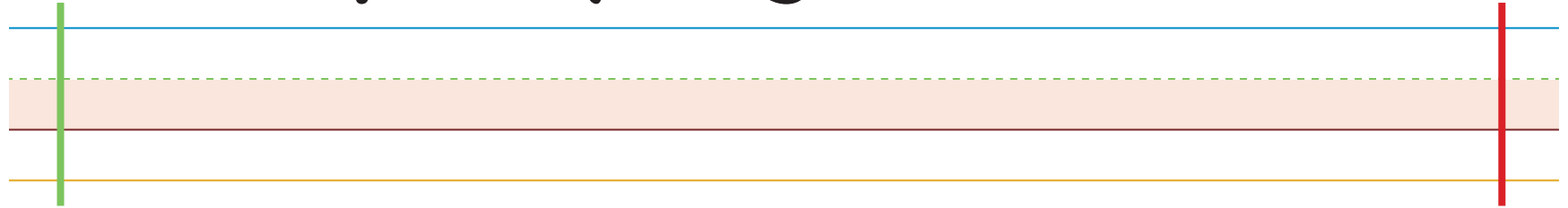
Handwriting practice lines for the sentence "This is my dog." The lines consist of a solid blue top line, a dashed green middle line, and a solid orange bottom line. A green vertical line is on the left and a red vertical line is on the right, defining the writing area.

That is a small duck.

Handwriting practice lines for the sentence "That is a small duck." The lines consist of a solid blue top line, a dashed green middle line, and a solid orange bottom line. A green vertical line is on the left and a red vertical line is on the right, defining the writing area.

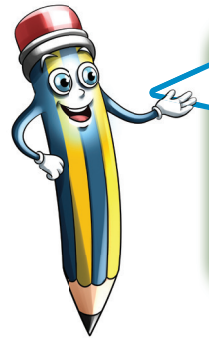


I can play a game.



My mom reads books.





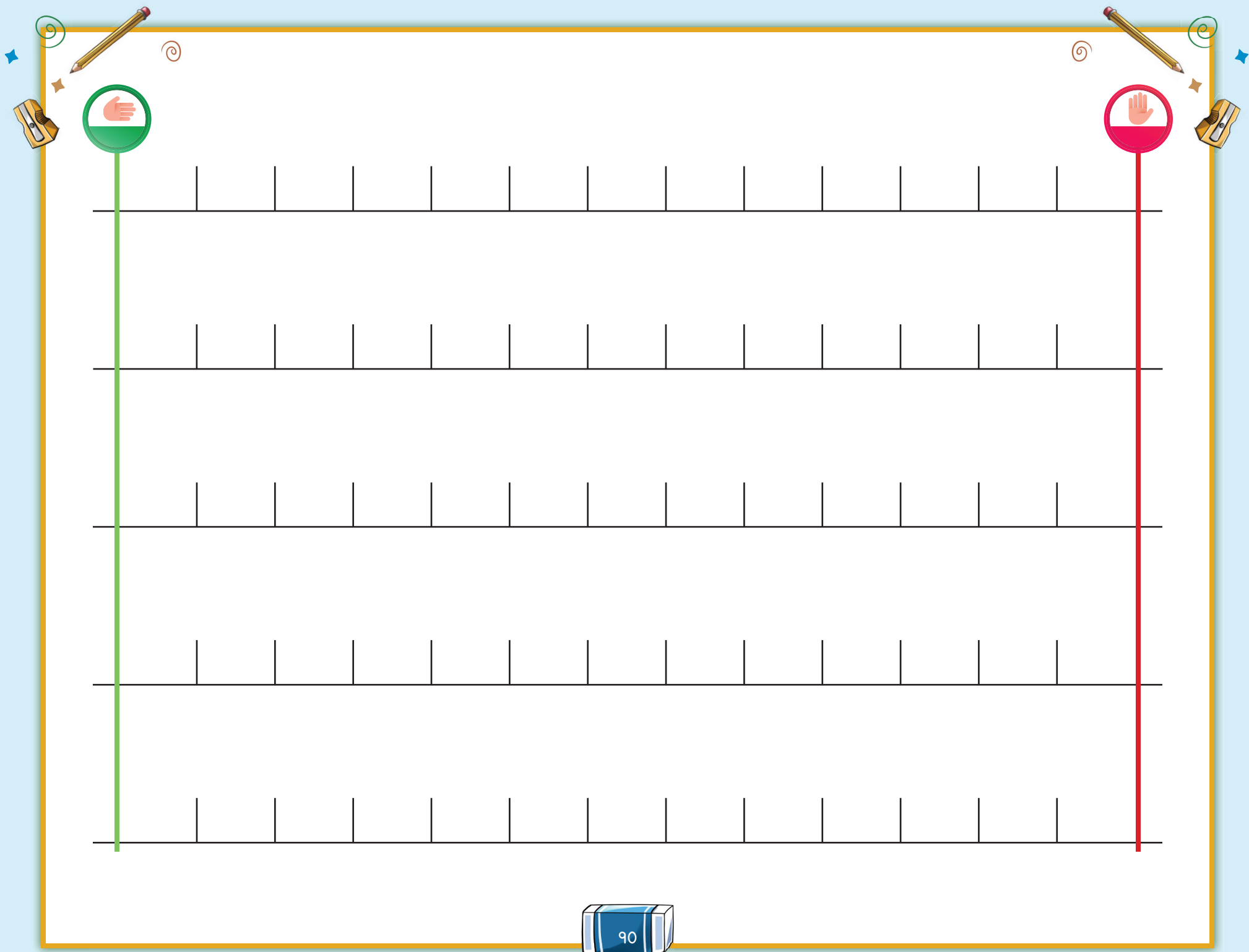
Write the sentences on this page with the correct spacing on the stop/go page in your workbook.

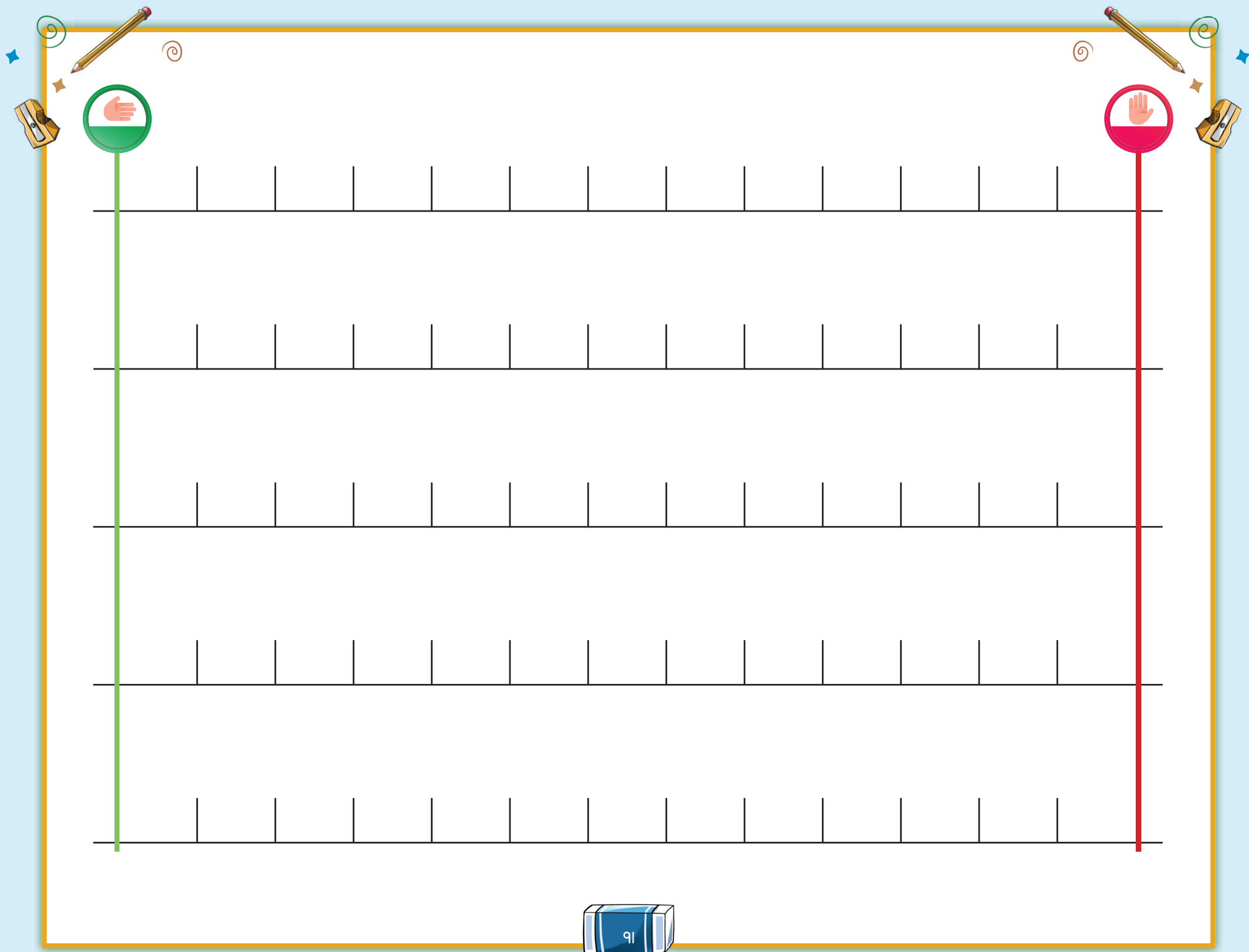
This is my dog.

That is a small duck.

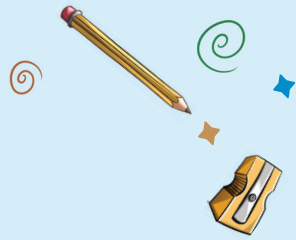
I can play a game.

My mom reads books.

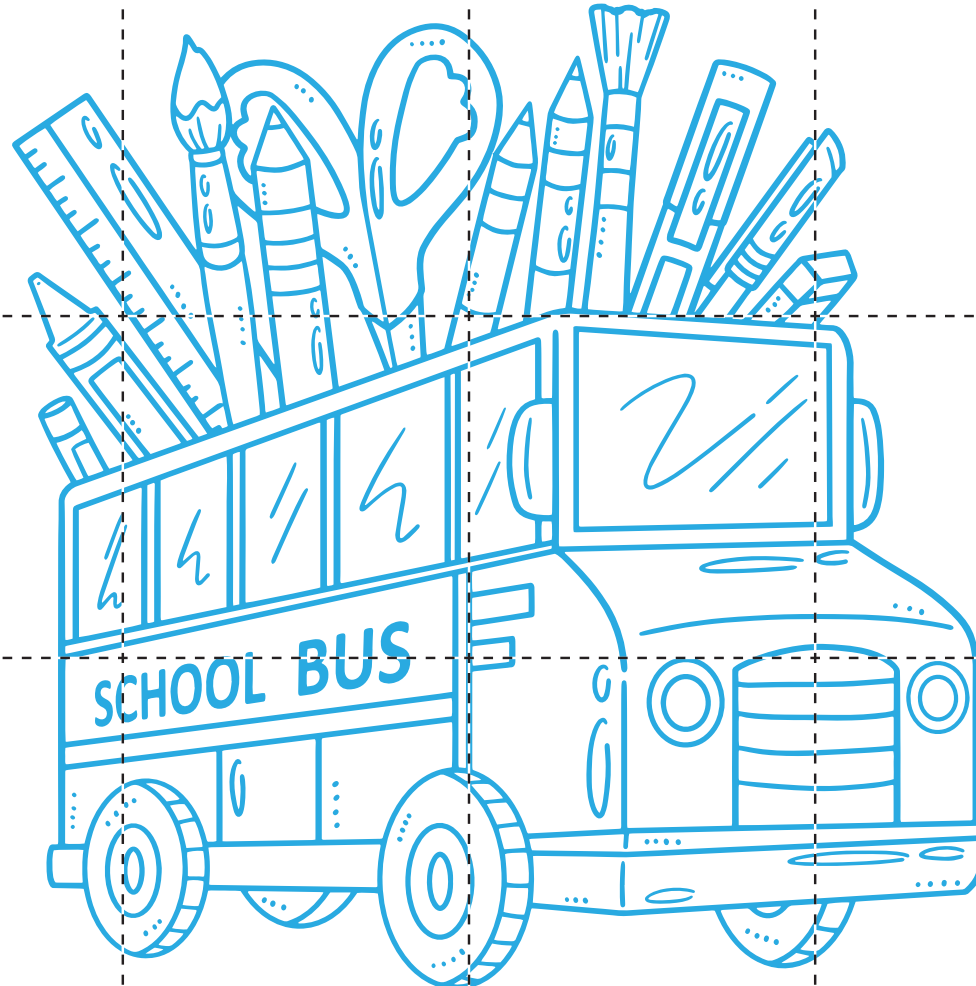




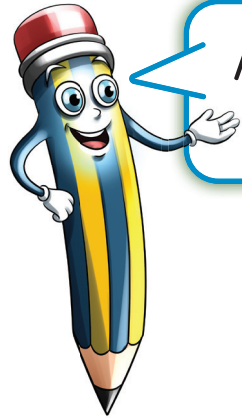
Unit 1, Lesson 8



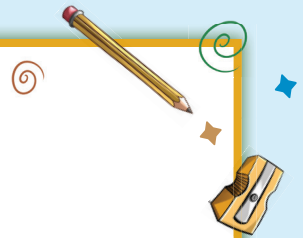
Unit 1, Lesson 8





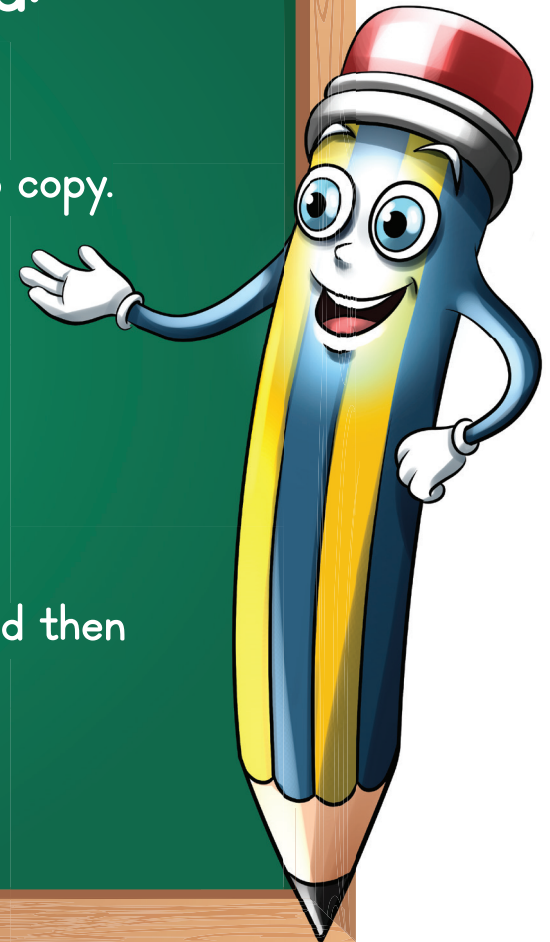


After you have cut out the picture on the previous page, stick it back together in the grid below.



How to copy from the board:

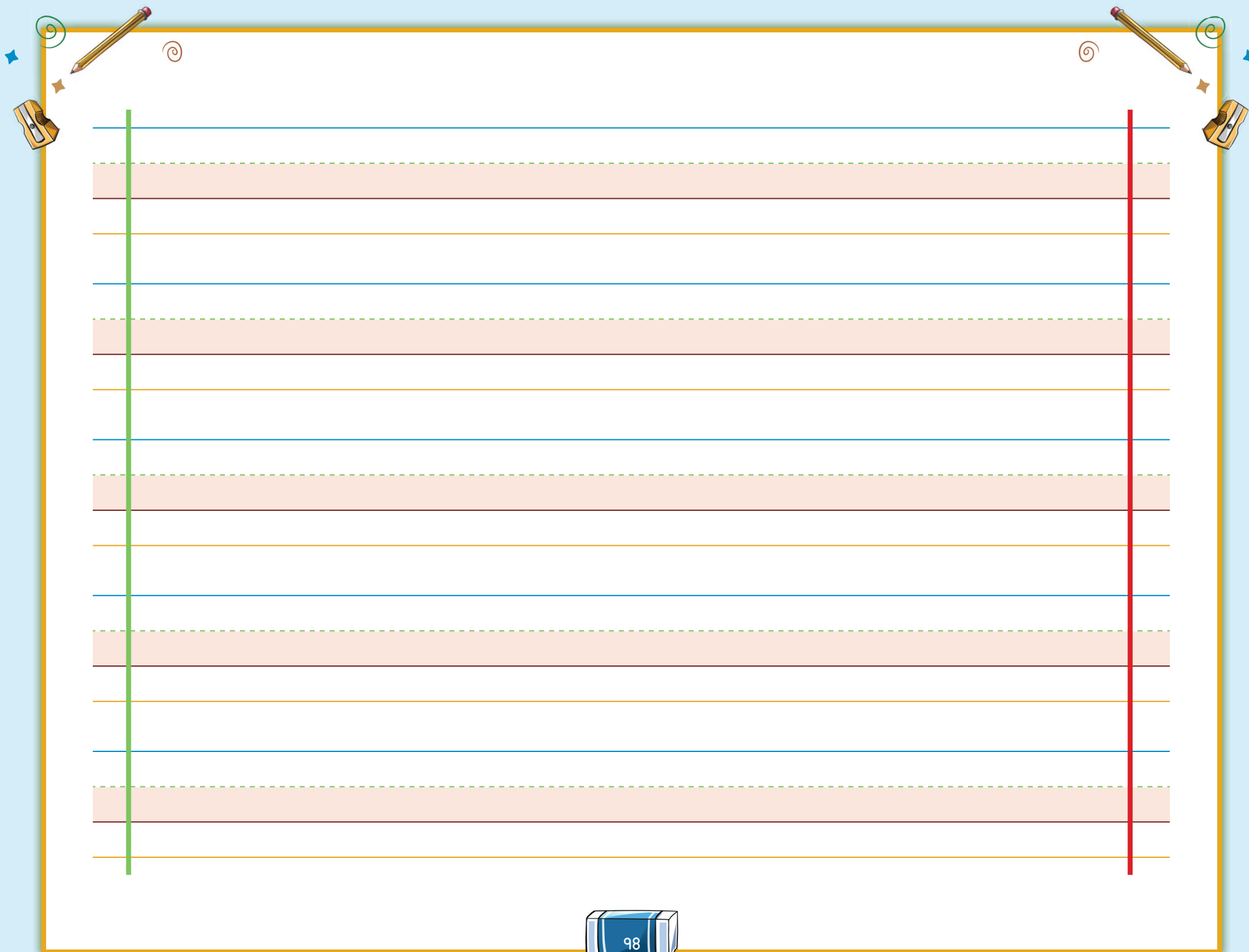
- ☐ Read the sentence/passage that you are going to copy.
- ☐ Copy a few words by first rereading the part and then writing it on your page.
- ☐ Look back at the board, find what you copied, and then copy the next few words.





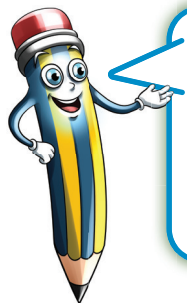
Copy the sentences from the board onto the lines below.

Handwriting practice lines consisting of four sets of horizontal lines. Each set includes a solid blue top line, a dashed green middle line, and a solid orange bottom line. The entire set is bounded by a vertical green line on the left and a vertical red line on the right.





A	The giraffe	smiles at	yellow	sandwiches.
Q	The lamb	talks to	blue	pillow.
K	The hen	sings to	green	birds.
J	The duck	hugs	pink	fish.
2	The cow	walks towards	silly	pants.
3	The deer	thinks about	funny	dogs.
4	The fish	jumps over	large	cats.
5	The robot	hops on	pretty	books.
6	The goat	watches	old	pencils.
7	The moose	looks at	young	pancakes.
8	The girl	stands near	cold	cars.
9	The boy	eats	small	flowers.
10	The bird	laughs with	strong	toothbrushes.



Find the words that match
your cards and write the silly
sentence on the lines below.

Four sets of handwriting practice lines. Each set consists of a solid blue top line, a dashed green middle line, and a solid red bottom line. The lines are arranged in a vertical column, providing space for writing a silly sentence.



Copy the passage from the board onto the lines below.
Draw a picture to show your understanding.

Two sets of primary writing lines. Each set consists of a solid blue top line, a dashed green middle line, and a solid orange bottom line. The first set is on the left, bounded by a green vertical line, and the second set is on the right, bounded by a red vertical line.

A large empty rectangular box with a blue border, intended for drawing a picture to show understanding.

A horizontal wooden ruler with a scale from 0 to 10 inches. The text "Unit 1, Lesson 9" is printed in the center.

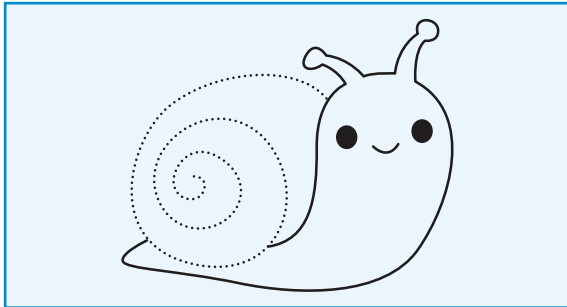
Unit 1, Lesson 9

Unit 1, Lesson 9

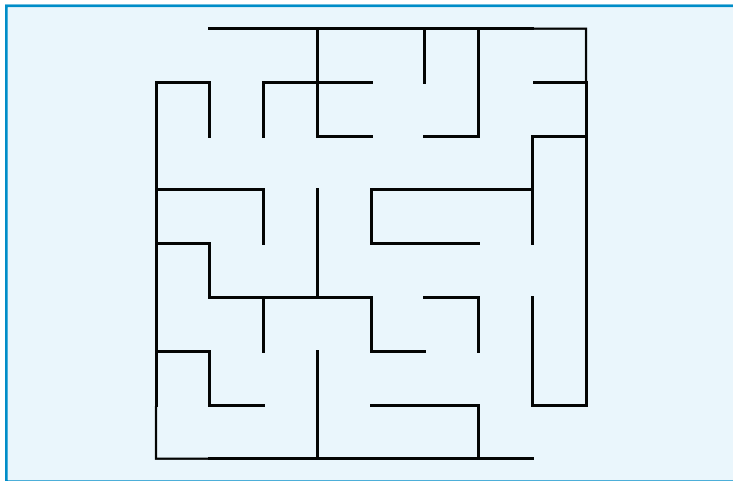


Use the directions in each block to complete the worksheet.

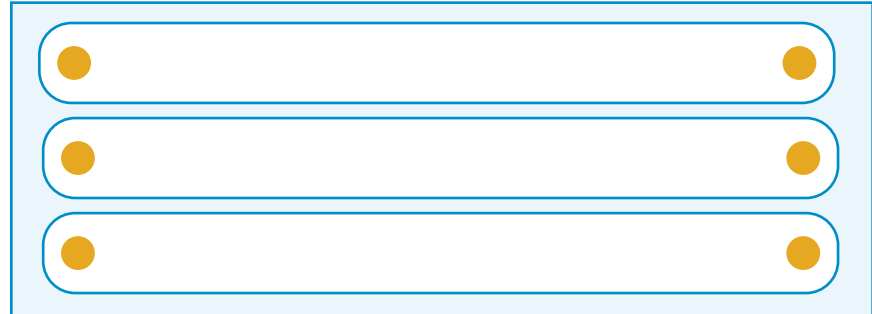
Complete the snail's shell.



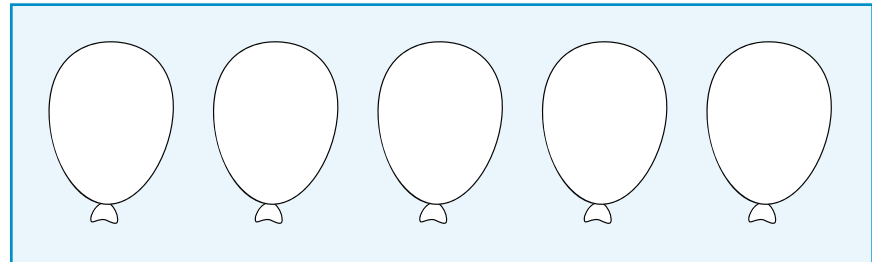
Draw a path through the maze.



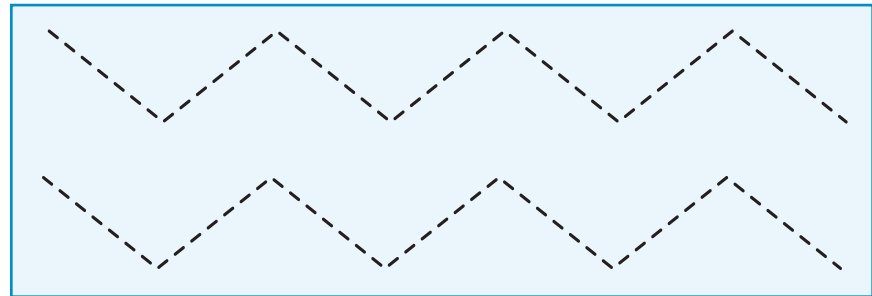
Connect the dots.

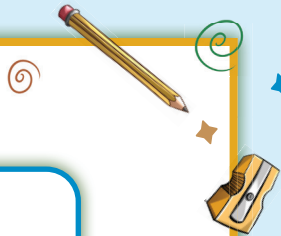


Fill in the balloons.



Trace the pattern.





Five Tips to Check Handwriting

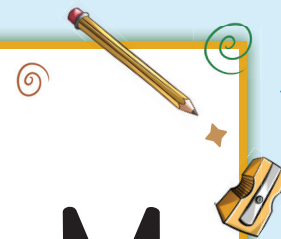
- ☐ Letters are the correct size and shape
- ☐ Letters are on the correct line
- ☐ Spacing between letters is correct
- ☐ Spacing between words is correct
- ☐ Handwriting is neat

a b c d e f g h i j k l m

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

n o p q r s t u v w x y z

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐



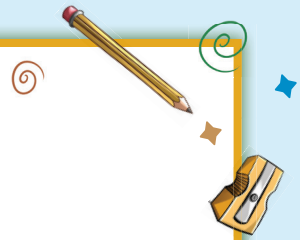
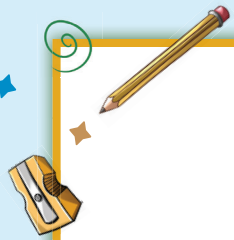
A B C D E F G H I J K L M

--	--	--	--	--	--	--	--	--	--	--	--	--



N O P Q R S T U V W X Y Z

--	--	--	--	--	--	--	--	--	--	--	--	--



Write the given words neatly on the
lines provided.
Remember your handwriting tips!

the

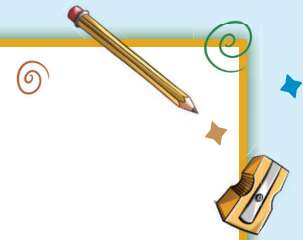
down

about

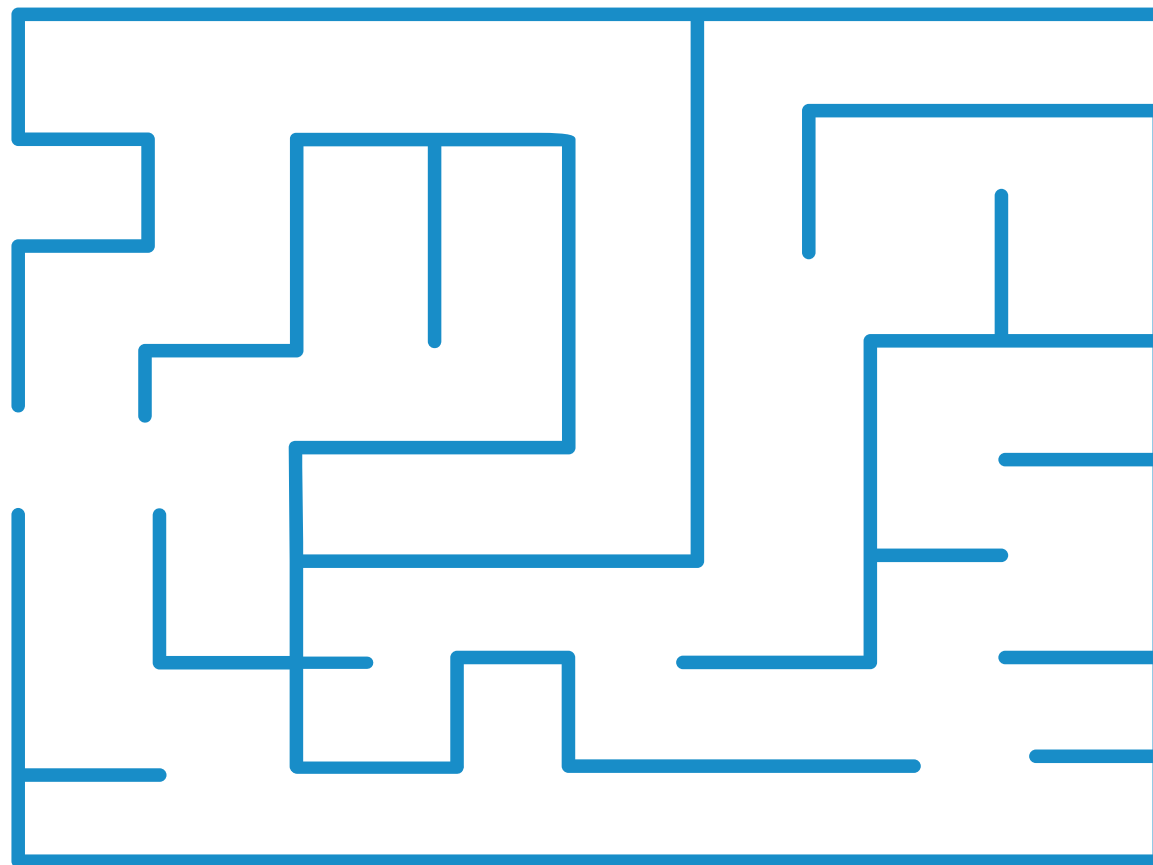
there

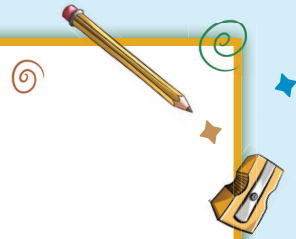
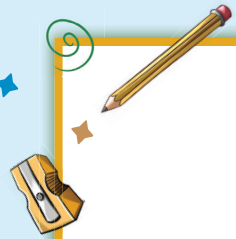
name

Handwriting practice lines consisting of three sets of four horizontal lines each. Each set includes a solid top blue line, a dashed green middle line, a solid bottom red line, and a solid baseline yellow line.



Complete the maze on this page to practice your small muscle skills.





Write the sentence on the lines
provided below.

The quick brown fox jumped
over the lazy dog.

Handwriting practice lines consisting of two sets of three horizontal lines each. Each set includes a solid top blue line, a dashed middle green line, and a solid bottom orange line.